

TBIPS Core Curriculum

YEAR ONE: Psychotherapy & Psychoanalytic Programs

Quarter One
1-8

Quarter Two
9-16

Quarter Three
17-24

Quarter Four
25-32

Division I:
Theory

Foundations and Development of Psa – 16 wks

- philosophical foundations & historical origins
- major nodal points in the history of psa
- evolution of divergent paradigms
- general overview of main psychoanalytic models of mind

Human Dev. I

Infancy –Latency

Human Dev. II

Adolescence- Adulthood

Division II:

Applications

Motivation & Emotion

- theories of motivation (drive, object, attachment, self regulatory)
- evolution of affect theory
- ego/drive/compromise formation
- guilt, shame
- mentalization & reflective func.
- intersubjectivity - self states

Psychopathology, Character, & Diagnosis

- symptom formation
- anxiety
- neurosis
- intrapsychic conflict
- developmental deficit
- character pathology
- perversions
- trauma (child & adult)
- addictions

Division III:
Technique

The Psychoanalytic

Situation

- initial consult
- how to listen, respond
- silence
- self-disclosure
- analytic authority
- analyst's subjectivity
- considerations of neutrality/abstinence/anonymity
- ethics
- therapeutic alliance, trust
- process of tx –early/mid/late
- interactive matrix/analyst participation
- frame & boundaries
- intersubjectivity

Psychoanalytic Method & Technique-16 wks

- historical view (catharsis, hypnosis, etc)
- Free Association, fantasy/phantasy
- Conflict & Defense/close process (x 2)
- Enactment (x2)
- Transference (x 2)
- enactment (x 2)
- Interpretation
- holding/containing.
- Empathy
- Countertransference (x 2)
- Negotiation
- Non-interpretive mechanisms
- Use of “analytic third”

YEAR TWO: Psychotherapy & Psychoanalytic Programs

Quarter One
1-8

Quarter Two
9-16

Quarter Three
17-24

Quarter Four
25-32

Division I:
Theory

Ego Psychology/
Structural Theory

Object Relations

- Kleinian,
- Independent School/Winnicott
- American Object Relations

Self Psychology
Intersubjectivity

Interpersonal,
Relational,

Division II:

Applications

-----**Clinical Case Conference**-----

Division III:
Technique

Dreams

Adv. Technique/Analytic Process (16 weeks)

- psychoanalytic evidence
- close process monitoring
- interaction & relational aspects

Elective

YEAR THREE: Psychoanalytic Program

| | Quarter One 1-8 | Quarter Two 9-16 | Quarter Three 17-24 | Quarter Four 25-32 |
|---|---|---|--|---|
| <u>Division I:</u> Theory | <u>Character & Char. Neuroses</u> | <u>Adv. Psychopathology</u> -psychosomatic -depression -masochism -narcissism | <u>Perversions</u> <u>Addictions</u> | <u>Trauma</u> |
| <u>Division II:</u> Applications | <u>Gender & Sexuality – 16 wks</u> | | -----Clinical Case Conference ----- | |
| <u>Division III:</u> Technique | Adv. Tech. <u>Clinical Issues in Borderline States</u> | Adv. Tech <u>Clinical Issues in Narcissism</u> | <u>The Analytic Relationship</u> -enactments - Countertransference/Transference - Objectivity/Subjectivity/Intersubj. - the analytic “space”/ “third” - neutrality, anonymity, abstinence, disclosure - analytic holding & containing - patient/analyst match | <u>The Psychoanalytic Process & Mechanisms of Change</u> - Freud’s technique papers - Contemporary models |

YEAR FOUR: Psychoanalytic Program

Quarter One 1-8

Quarter Two 9-16

Quarter Three 17-24

Quarter Four 25-32

Division I: Theory

Psa & the Brain

- cognitive & social learning
- memory: explicit, implicit
- affect regulation
- response to trauma
- dreaming
- neurodevelopmental research

The Evolution of Freud's Thought

Elective

Elective

Division II: Applications

-----**Continuous Case** -----
(or applied clinical issues)

Division III: Technique

Termination

Theoretical Integration

Supervision

Elective